



Columbus Recreation and Parks

Therapeutic Recreation/Adapted Sports Program

Dance and Movement

Mary Beth Moore (614)645-5648

Instructor: Ebony Brown

Tuesdays Sept. 13-Nov. 15, 2016

Franklin Park Adventure Center 1755 E. Broad St. Columbus OH 43203



Quest-After School Program

Mary Beth Moore (614)645-5648

Middle School & High School Aged Youth

Monday – Friday 3:00 PM – 6:00 PM

August 24, 2016 – June 1, 2017

Whetstone Community Center, 3923 N. High St., Columbus, Ohio 43214



Sled Hockey

Rae Nutter (614)645-5225

TBA

Fridays 6:20 PM – 7:20 PM at Chiller Dublin * Subject to change*



Aquatic Programs

Rae Nutter (614)645-5225

Fitness: September 27, 2016 – May 16, 2017 Tuesdays & Thursdays, 11:00 AM – 12:00 PM

Swim Team starts October 22, 2016 Saturdays 8:30 AM – 10:00 AM Wednesdays TBA

Swim Lessons Saturday 10:45 AM – 11:30 AM

Swim Camp 2017

Aquatic Center, 1160 Hunter Ave. Columbus, Ohio 43201



Fitness: Get Fit Get Healthy

Ivy Ortman & Luke Edelbrock (614) 645-5655

Monday – Thursday 7:00 AM – 9:30 AM

Monday & Wednesday 2:00 PM – 6:00 PM

Tuesday & Thursday 2:00 PM – 7:30 PM

ROM/ Core-Wednesday 4:00-4:45

Circuit Training-Wednesday 5:00-6:00



Strength and Flexibility

Ivy Ortman (614) 645-5655

Franklin Park Adventure Center 1755 E. Broad St. Columbus, OH 43203

Through April 2017 Tuesday/Thursday 6:00-6:45

Franklin Park Adventure Center 1755 E. Broad St. Columbus OH 43203



Boccia

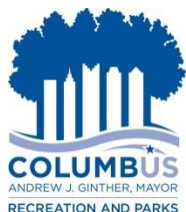
Luke Edelbrock (614) 645-0257

Tuesdays 4:00 PM – 6:00 PM September 13, 2016

Tuesdays & Thursdays starting Spring 2017

Franklin Park Adventure Center 1755 E. Broad St. Columbus Ohio 43203

Jack Attack Classic –Saturday, April 22, 2017



Power Soccer

Luke Edelbrock (614) 645-0257

September 13, 2016 – March 21, 2017 Tuesdays 6:00 PM – 7:30 PM
Franklin Park Adventure Center 1755 E. Broad St. Columbus Ohio 43203

Wheelchair Football

****Multi disability sport-all inclusive****

Luke Edelbrock (614) 645-0257

September 15, 2016 – November 10, 2016 Thursdays 6:00 PM – 8:00 PM
Wheelchair Football Super Bowl - November 17, 2016, 5:00 PM – 8:30 PM
Franklin Park Adventure Center 1755 E. Broad St. Columbus Ohio 43203



Wheelchair Basketball

Luke Edelbrock (614) 645-0257

PVA Buckeye Cup Wheelchair Basketball Tournament

November 5 & 6, 2016 Times TBA

Cleo Dumaree Sports Complex 276 Nelson Rd. Columbus, Ohio

Four Foot Hoops Wheelchair Basketball

****Multiple disability Sport-all inclusive****

Luke Edelbrock (614) 645-0257

Dec. 8, 2016 – February 23, 2017 Thursdays 6:00 PM – 7:30 PM
Franklin Park Adventure Center 1755 E. Broad St. Columbus Ohio 43203

Hoops Madness

February 25, 2017 Time TBA

Franklin Park Adventure Center 1755 E. Broad St. Columbus Ohio 43203



Track & Field

Mary Beth Moore (614) 645-5648

Middle & High School Athletes can compete on their inclusive track teams at OHSA Meets
Practice Tuesday Nights 5:30 PM – 7:30 PM and twice a month on Saturdays 11:00 AM – 1:00 PM
Franklin Park Adventure Center, 1755 E. Broad St., Columbus, Ohio 43203



Minutes for Miles (track)

Ivy Ortman (614) 645-5655

Franklin Park Adventure Center 1755 E. Broad St. Columbus, OH 43203
Through April 2017 Tuesday/Thursday 5:00-5:45



Table Tennis

Ivy Ortman (614) 645-5655

Franklin Park Adventure Center 1755 E. Broad St. Columbus, OH 43203
Through April 2017 Tuesday/Thursday 4:00-4:45

Summer of Fun and Adventure Inclusive Day Camp

Mary Beth Moore (614) 645-5648

Ages 6-21 8:30 AM – 3:00 PM M-Th. 8:30 AM – 2:00 PM Fri.

Franklin Park, Dodge Park, Thompson Recreation Center

To register visit www.columbusrecparks.com

